



Osteoarthritis **Bracing Solutions** 

## RebelReliever

Reduce pain and instability while improving walking capacity, muscle function and quality of life. The Rebel Reliever™ is giving patients the solutions they need when it comes to living with Osteoarthritis.





# Rebel Reliever<sup>™</sup>

#### PDAC APPROVED L1845/L1852

Reduce pain and instability while improving walking capacity, muscle function and quality of life. The Rebel Reliever's "custom, custom fit, and OTS sizing, patented LoadShifter mechanism and tool-less SnapLock is giving patients the solutions they need when it comes to living with Osteoarthritis.

**Recommended for:** Moderate to severe medial or lateral osteoarthritis / as well as patients who have OA in combination with ligament instability.

#### **Features**

- Rigid aircraft grade aluminum frame
- Patented adjustable dual Loadshifters
- Townsend Motion TM5+ Hinges
- Exclusive Synergistic Suspension Strap
- · Rotation control tibial shell contour

#### **Ordering Methods**

- OTS sizing
- Custom fit from 3 leg measurements
- · Custom from a cast or digital leg scan

#### **Options**

- Tibial shell length 6", 7" or 8"
- Compression/Suspension anti-migration package
- · Anti-migration strap padding
- PCL strap
- Flexion stop kit (extension stop kit included)
- Powdercoat finish in a variety of colors

Size	M-L Knee Width	6" Above Knee	6" Below Knee	Circumference
SM	3 ½ – 4"	15 ½ – 18 ½"	12 1/4 — 13 3/4"	
MD	4-41/2"	18 ½ – 21"	13 1/4 — 15"	
LG	4½-5"	21 – 23 ½"	14 1/4 — 15 3/4"	_ ##
XL	5-5½"	23 ½ – 25"	15 — 17"	
2XL	5½-6"	25 – 28"	17 — 19"	+++



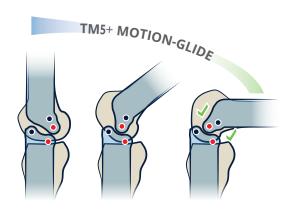
## **Proven off-loading capacity**

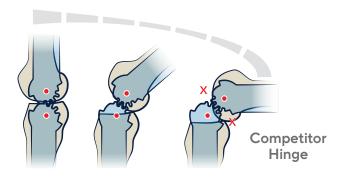
Rebel Reliever™ off-loading capacity relies on three factors:

- A simple yet extremely efficient off-loading mechanism that is adjustable to the patient's needs.
- A combination of anti-migration and anti-rotation technologies to provide reliable off-loading, all-day-long.
- Three-measurement fabrication ensures three-point system effectiveness.

## **Townsend Motion Hinge**

Hinge motion is important: the Townsend Motion Hinge tracks with the anatomical roll-and-glide motion of the knee to keep the brace properly positioned on the leg.



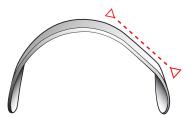


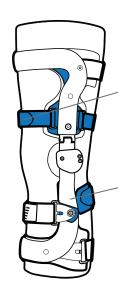




#### **Rotation Control**

Rotation control: the Rebel Reliever™ lower shell is contoured to fit intimately along the flatter medial side and rounded lateral side of the shin bone.





# Suspension Technology

The C/S package is a paring of semi-rigid sub-shells that compress into the femoral tissue above the bony condyles.

The Synergestic Suspension Strap nestles into the flexion fold behind the knee, and uses the top of the calf muscles as an anatomical shelf.



# Adjustable Correction for OA Braces: LoadShifter

The patented LoadShifter mechanism and tool-less SnapLock are innovative features incorporated into the femoral section of Townsend's Rebel Reliever™, Premier Reliever and Reliever Air rigid OA knee braces. By releasing the SnapLock, the fitter can utilize the LoadShifter to adjust the angle of the thigh shell. Increasing corrective pressure at the top of the leg amplifies the three-point counterforce at the knee and distal end of the brace — improving leg alignment and reducing compressive load on the damaged side of the knee.

Lift



Slide



Lock



# Stony Brook University Study

# Improved function and strength

Using an off-loading orthosis on the osteoarthritic knee

Improvements in Function and Strength with Decompressive Bracing of the Osteoarthritic Knee. E. Lamberg et al. Journal of Prosthetics and Orthotics. 28(4):173-179. Oct 2016

## **Objective**

Evaluate, when using Rebel Reliever $^{\text{TM}}$  brace, the change of the biomechanics of the knee, its clinical effect and its effect on the function

#### Scientific Proof It Works

We believe in science, and a recent study by Stony Brook University proves what medical professionals and patients have been telling us for more than a decade. The Rebel Reliever™ is a highly effective OA knee brace — among the most effective ever designed, achieving an amazing average of 36% reduction in loading forces!

It also demonstrated a variety of additional benefits that occur when patients feel better and become more active.

#### **Conclusion**

- Reduced forces on the knee joint
- ♣ Reduced pain
- ♣ Reduced symptoms
- ♠ Improved balance confidence
- ♠ Improved quality of life
- ♠ Improved ADL participation
- ♠ Improved walking capacity
- ♠ Improved muscle function

### **Study Design**

BASELINE Level of reference	Measure for brace	Testing NO brace		Surveys completed
Fitting 1 week from baseline	Fit wit	Fit with brace		Surveys completed
INTERMEDIATE Evaluation after 2 weeksof wear	/	Testing WITH brace		Surveys completed
FINAL Evaluation after 8 weeksof wear		g WITH ace		Surveys completed



#### Surveys

- Knee injury and OA Outcome Score (KOOS)
- · Activity Balance Confidence Scale (ABC)

Population		n = 15
Mean age (years)		55 (39 - 70)
Gender		12 men/3 women
Mean BMI (kg/m2)		35 (24 - 49)
Kellgren-Laurence grade (%)	Grade II	20 %
	Grade III	67 %
	Grade IV	13 %

#### **Tests**



6 minute walk test



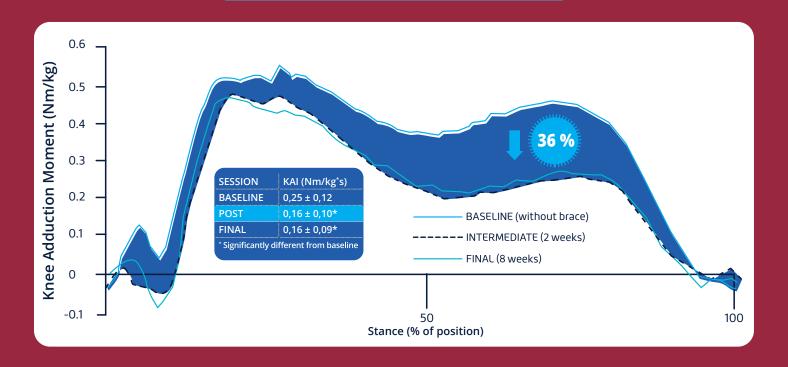
Instrumented gate analysis



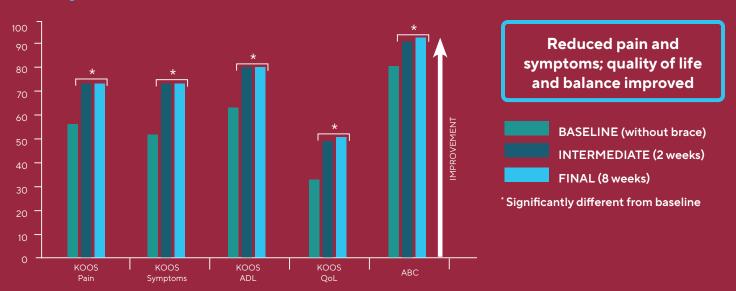
Isokinetic strength test

## Moment of adduction of the knee (Nm/kg)

Patients averaged 36% reduction of force through the knee with every step



## **Survey results**



# ROTOR Randomize Clinical Trial

# Efficiency and safety of the Rebel Reliever™

#### In patients with knee osteoarthritis

Effect of unloading brace treatment on pain and function in patients with symptomatic knee osteoarthritis: the ROTOR randomized clinical trial. Thoumie P. et al, Scientific Report (2018) 8:10519.

#### **Objective**

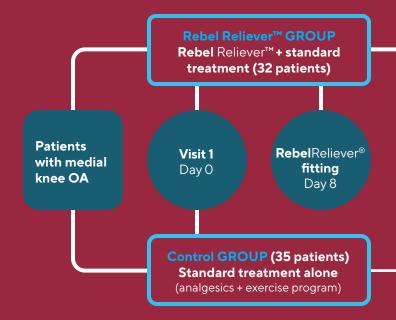
Evaluate the efficacy of the Rebel Reliever™ knee brace in combination with standard treatment after a 6-week treatment period, in patients with symptomatic medial knee osteoarthritis

Population	RebelReliever® (n = 32)	Control (n = 35)
Mean age (years)	64.8 ± 11.7	66.6±7.2
Female (%)	75	57.1
Mean BMI (kg/m2)	29.2 ± 4.4	28.1 ± 5.1
Mean OA Duration (years)	8.4 ± 6.8	8.9 ± 7.4
Kellgren-Laurence Grade (%)		
Grade II	31.2	20.0
Grade III	46.9	62.9
Grade IV	21.9	17.1

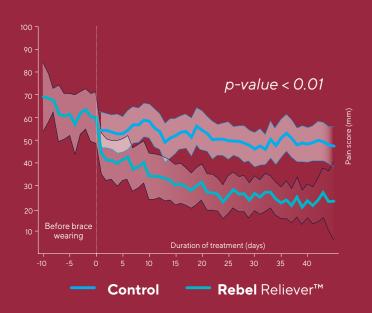
#### Conclusion

Superiority of Rebel Reliever™ knee brace plus standard treatment vs standard treatment alone was demonstrated. Combining Rebel Reliever™ knee brace with standard treatment procures a significative advantage to patients and constitutes a powerful non-pharmacological therapeutic strategy to handle knee osteoarthritis.

### **Study Design**



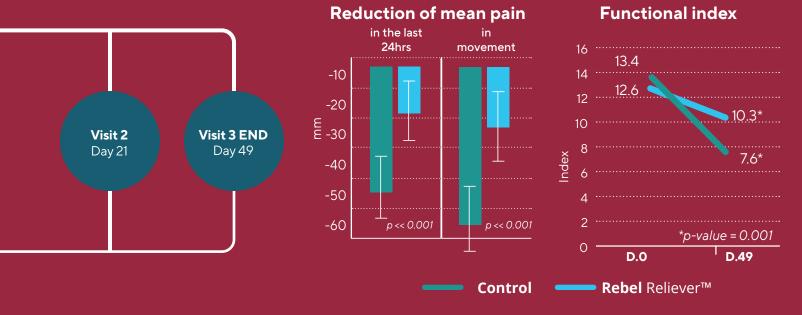
#### **Results**



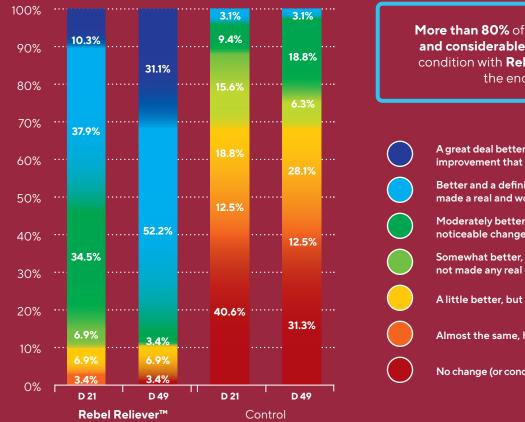
The Rebel Reliever™ knee brace significantly reduces pain immediately and for a sustainable time

# Rebel Reliever™ knee brace improves function

Rebel Reliever<sup>™</sup> brace also reduces pain when in movement



## Patient clinical global impression of change



More than 80% of patients feel a definite and considerable improvement of their condition with **Rebel Reliever™** brace by the end of the trial





#### **Features**



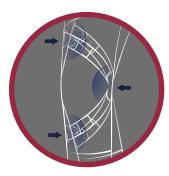
Inflammation-reducing compression

#### **Sizes**





Circumference



Three-point strapping system relieves pain and increases mobility.

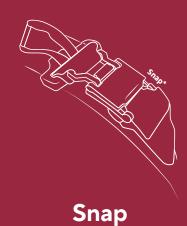


Semi-rigid distal and proximal shells that can be formed or trimmed to match anatomy \*Removeable

# Clinicaly Proven Pain Reduction By wearing the brace, the pain on exertion was reduced and the pain-free distance extended. Dr M. Benning, CTR, Version 1; 31-03-2017. Prospective randomized comparative study to demonstrate the medical benefits and ease of use during practical application of: Thuasne Action Reliever. 6 5 4 2.87 2.71 p value = 0.0001 week 0 8

### Magnetic buckles for an easy apply and go.







# **Additional Osteoarthritis Solutions From Thuasne USA**



Rebel Reliever L1845/L1852



RelieverOne L1843/1851



UniReliever L1843/185



Reliever L1846



Reliever Air L1846



Reliever Air Lite L1846



Premier Reliever L1846



**PR1** L1844



Dynamic Reliever L1843/1851



Action Reliever L1843/1851